



**How I Cut Carbs 4x4.vip**

3.85x3.73 inches; 8,585 stitches  
4 thread changes; 4 colors



**How I Cut Carbs 5x7.vip**

4.97x4.80 inches; 11,202 stitches  
4 thread changes; 4 colors



**How I Cut Carbs 6x10.vip**

6.12x5.91 inches; 14,216 stitches  
4 thread changes; 4 colors