



2 DAY TEAM CAMP BASIC SCHEDULE

**(Specific classes & times may change.
This schedule is a “basic” idea of what a 2 Day Camp will offer)**

DAY ONE:

8:00-8:30 AM	Coaches Meeting @ Host High School
8:30-9:00 AM	Welcome all dancers & coaches, Staff demo routines
9:00-10:30 AM	Team Unity, Work out & Warm Up
10:30-5:00 PM	Technique Classes in 4 levels, Routines, Military Training & Catered Lunch (all of these will be done on a rotation)
5:00-5:45 PM	Drill Down & Individual Dancer Contests
5:45-6:30 PM	Dinner served BBQ style outside
6:30-8:00 PM	Performance Night prep & Show (Home routine showcase)

DAY TWO:

8:30-9:00 AM	Coaches Meeting @ Host High School
9:00-10:00 AM	Work out, Warm Up & Team Unity
10:00 AM-2:30 PM	Technique Classes in 4 levels, Routines, Practice Time & Catered Lunch (all of these will be done on a rotation)
2:30-4:00 PM	Individual Team Coaching (these classes are 1 team with 1 instructor for private coaching time)
4:00-5:00 PM	Routine rehearsal
5:30-6:00 PM	EPIC Showcase of Routines/Awards & Excusal outside